



THE 43RD ANNUAL

ECHO

NORTHWESTERN 2021

GUEST SPEAKERS

Federico Asch, MD, FASE

Ana Barac, MD, PhD

Muhamed Saric, MD, PhD, FASE

Lissa Sugeng, MD, MPH, FASE

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VIRTUAL FORMAT

SATURDAY, SEPTEMBER 18, 2021

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THE 43RD ANNUAL **ECHO** NORTHWESTERN 2021

Principles of echocardiography will be reviewed and advances will be demonstrated through lectures and case studies. Participants will be exposed to all aspects of basic and advanced echocardiography. Daily sessions will be devoted to state of the art lectures on advances in echocardiography and specific application to the following states:

- Heart Failure
- Interventional Echocardiography
- Valvular Heart Disease
- Coronary Artery Disease
- Congenital Heart Disease
- Strain Imaging

The following aspects of echocardiography will be covered:

- 2D Echocardiography
- Spectral and Color Doppler
- Transesophageal Echocardiography
- 3D Echocardiography
- Stress Echocardiography
- Contrast Echocardiography
- Tissue Doppler, Strain/Strain Rate
- Common Congenital Heart Disorders

Case studies will be interspersed throughout each of the lectures to emphasize the importance and clinical utility of each technique discussed. The case studies will emphasize different topics in echocardiography that are seen in daily practice.

LEARNING OBJECTIVES

At the conclusion of this activity, participants should be able to:

1. Apply the recommendations for the echocardiographic evaluation of left ventricle function to clinical practice.
2. Explain the role of echo in the treatment of heart failure.
3. Use strain imaging to assess cardiac function in various pathological states
4. Discover methodology to assess diastolic function using the ASE diastology guidelines.
5. Assess patients with valvular disorders using the most recent ACC/AHA guidelines for valvular heart disease and the ASE guidelines for the assessment of native valve regurgitation, native valve stenosis, prosthetic valve function and percutaneous devices.

6. Recognize different echocardiographic methods to assess Right Ventricular structure function. Cite the strengths and weakness of these techniques including complementary technologies: CT and MRI.
7. Discuss the clinical classification of pulmonary hypertension, its implications for the patient and how echo can help in assessing its severity and guide management of patients with the condition.
8. Evaluate how 3D echo works and express limitations and potential applications as it relates to daily practice and patient management.
9. Assess the uses of echo contrast agents (imaging enhancing agents) and how to incorporate the use of the agents into a busy echo lab.
10. Evaluate the role of echo in the diagnosis and treatment of patients with aortic stenosis.
11. Recognize the pathology and the basics of echocardiographic assessment of patients with common congenital heart lesions.
12. Review the role of echo in surgical and percutaneous treatments of aortic stenosis and mitral regurgitation.
13. Review the role of echo in new percutaneous treatment of tricuspid regurgitation.
14. Review the role of echo in guiding other percutaneous procedures such as left atrial appendage closure.
15. Appreciate the critical role of echo in the cardio-oncology patient.

TARGET AUDIENCE

This continuing medical education program is designed to meet the educational needs of cardiologists, cardiology fellows, surgeons, sonographers and nurses who have a need for echo expertise.

ACCREDITATION STATEMENT

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT*

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

*In addition to the live activity, 12.75 hours of enduring material will be available to all registrants.

FACULTY DISCLOSURE

The Northwestern University Feinberg School of Medicine requires course directors, speakers, instructors, planners and other individuals who are in a position to control the content of this activity to disclose any relevant financial relationships. All identified potential conflicts of interest, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations are thoroughly vetted by Northwestern University FSM for fair balance. The faculty disclosures will be indicated in the course syllabus.

VIRTUAL FORMAT

A website link to the one day live program will be sent out to registered participants one week prior to the conference date. Links to the pre-recorded sessions will be available at a later date.

ADDITIONAL INFORMATION

For additional program information please visit <http://northwestern.cloud-cme.com> or email us at cvconferences@northwestern.edu.



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Robert Schultz, MS, RCS



SATURDAY, SEPTEMBER 18, 2021

RECORDED ENDURING LECTURES

LIVE SESSION:

	<p>MODERATOR: James Thomas, MD, FASE</p>	12:00 pm	LUNCH BREAK
9:00 am	<p>Valvular Heart Disease 2021: State of the Art Patrick McCarthy, MD</p>		<p>MODERATOR: David Mehlman, MD, FASE</p>
9:15 am	<p>Update on Percutaneous Devices to Treat Structural Heart Disease Charles Davidson, MD</p>	1:15 pm	<p>Strain/Cardio-Onc Workshop Nausheen Akhter, MD, FASE Greg Cascino, MD Mili Marion, RDCS</p>
9:30 am	<p>Treatment of Valvular Heart Disease</p> <p>CASE PRESENTATIONS: Akhil Narang, MD, FASE Jyothy Puthumana, MD, FASE</p> <p>PANEL: Robert Bonow, MD, MS Charles Davidson, MD Patrick McCarthy, MD Vera Rigolin, MD, FASE Muhamed Saric, MD, PhD, FASE Lissa Sugeng, MD, MPH, FASE</p>	1:45 pm	<p>3D Workshop Keith Collins, MS, RDCS, FASE O'Neil Mason, MD Lissa Sugeng, MD, MPH, FASE</p>
10:30 am	<p>BREAK</p> <p>MODERATOR: Issam Mikati, MD, FASE</p>	2:15 pm	<p>Miscellaneous Echo Topics</p> <p>CASE PRESENTATIONS: Bob Silverberg, MD Allison Zielinski, MD</p> <p>PANEL: Federico Asch, MD, FACC, FASE Kameswari Maganti, MD, FASE Muhamed Saric, MD, PhD, FASE Patricia Vassallo, MD, FASE</p>
10:45 am	<p>What the Clinician Needs from an Echo to Manage a Heart Failure Patient Clyde Yancy, MD, MSc</p>	3:15 pm	<p>Prosthetic Valve Teaser David Mehlman, MD, FASE</p>
11:00 am	<p>Heart Failure & Cardio-Oncology</p> <p>CASE PRESENTATIONS: Ewa Dembowski, MD Brian Fey, BA, RDCS, (AE/PE), ACS, FASE Ravi Patel, MD, MSc</p> <p>PANEL: Nausheen Akhter, MD, FASE Ana Barac, MD, PhD Sanjiv Shah, MD, FASE Jane Wilcox, MD, MSc Clyde Yancy, MD, MSc</p>	3:30 pm	<p>Diastology Teaser Kameswari Maganti, MD, FASE</p>

VALVULAR HEART DISEASE SESSION

3D Echo: An Essential Tool for the Diagnosis and Management of Valvular Heart Disease
Lissa Sugeng, MD, MPH, FASE

Mitral Valve Disease Case Presentations with Panel Discussion

MODERATORS:
Vera Rigolin, MD, FASE
Gloria Ayuba, MD
Robert Schultz, BS, RCS
Akhil Narang, MD, FASE
James Thomas, MD, FASE

Aortic Valve Disease Case Presentations with Panel Discussion

MODERATORS:
Kameswari Maganti, MD, FASE
Madeline Jankowski, BS, RDCS, FASE
Neela Thangada, MD
James Flaherty, MD
David Mehlman, MD, FASE

Tricuspid Valve Case Presentations with Panel Discussion

MODERATOR:
James Thomas, MD, FASE
Akhil Narang, MD, FASE
Jyothy Puthumana, MD, FASE
Taimur Safder, MD

Pulmonic Valve Case Presentation with Panel Discussion

MODERATOR:
Andrew de Freitas, MD
Benjamin Freed, MD, FASE
O'Neil Mason, MD
Shelley Navin, BA, RDCS, FASE, ACS

Prosthetic Valve Show and Tell

MODERATOR:
David Mehlman, MD, FASE
Juliet Ryan, BS, RDCS, FASE

RIGHT VENTRICLE AND PULMONARY HYPERTENSION SESSION

Echo Guidance in Evaluation of the Right Heart and Pulmonary Hemodynamics
Muhamed Saric, MD, PhD, FASE

RV & PH Case Presentations with Panel Discussion

MODERATOR:
Issam Mikati, MD, FASE
April Durham, BS, ACS, RCS
Micah Eimer, MD
Benjamin Freed, MD, FASE

HEART FAILURE SESSION

Echo Essentials in Cardio-Oncology
Ana Barac, MD, PhD

State of the Art Lecture: Diastology is Not Always Indeterminate

Ravi Patel, MD, MSc

Strain Imaging: What is it and How do I Use it?

Sanjiv Shah, MD, FASE

HF Case Presentations with Panel Discussion

MODERATOR:
James Thomas, MD, FASE
Alana Lewis, MD
Issam Mikati, MD, FASE
Robert Silverberg, MD

ECHO IN CARDIO-OBSTETRICS SESSION

The Role of Echo before, During and After Pregnancy
Ewa Dembowski, MD

Post-Partum Cardiomyopathy: Where does Echo Help?

Marla Mendelson, MD

Arrhythmias in Pregnancy

Susan Kim, MD

Cardio-Obstetrics Case Presentations with Panel Discussion

MODERATOR:
Vera Rigolin, MD, FASE
Jennifer Banayan, MD
Ewa Dembowski, MD
Sadiya Khan, MD, MSc
Susan Kim, MD
Priya Meta Freaney, MD
Marla Mendelson, MD
Lauren Nelson, MPH, RDCS, FASE
Bethany Stetson, MD

CONGENITAL HEART DISEASE SESSION

Imaging of the Patient with CHD
Andrew de Freitas, MD

CHD Case Presentation with Panel Discussion

MODERATOR:
Andrew de Freitas, MD
Brian Fey, BA, RDCS (AE/PE), ACS, FASE
Nicole Schools, BS, RCS, RCCS

POTPOURI OF ECHO TOPICS SESSION

Artificial Intelligence: Are We Ready for Prime Time?

Akhil Narang, MD, FASE

Global Differences in Cardiac Chambers: Are all Hearts the Same?

Federico Asch, MD, FACC, FASE

Work Related Musculoskeletal Injuries in Sonographers

Keith Collins, MS, RDCS, FASE

POTPOURRI OF ECHO CASE PRESENTATIONS

MODERATOR:
Vera Rigolin, MD, FASE

Ultrasound Enhancing Agents

Patricia Vassallo, MD, FASE

Diseases of the Aorta

David Mehlman, MD, FASE

Pericardial Diseases

Josh Callahan, BS, RDCS (AE/PE), FASE

COVID-19 Aftermath

Kameswari Maganti, MD, FASE

Athlete's Heart

Allison Zielinski, MD

Hypertrophic Cardiomyopathy

O'Neil Mason, MD

LVADS

Sarah Chuzi, MD



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- ASE Physicians \$80
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- ASE Sonographers \$40
- Nurses, Residents, Fellows & Other HCPs \$50

HOW TO REGISTER

 **ONLINE** - Please visit www.cme.northwestern.edu

Registration will close Friday, September 17, 2021

QUESTIONS

Questions regarding registration should be directed to cvconferences@northwestern.edu. Registrations will not be accepted by telephone.

CANCELATION POLICY

Cancellations must be in writing and sent to cvconferences@northwestern.edu. The paid registrations fee will be refunded if cancellation is received by **August 20, 2021**. No refunds will be issued after this date.

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